



Stroll, Strength & Stretch

For families with children under 15 months
★ (children need to be in a stroller or wagon for the walk)

Join us and other families with little ones in strollers for fitness & fun!
Each class will include walking fitness, balance, strength and flexibility
throughout the walk.

Friday Mornings

June 6, 13, 20

Haliburton

Head Lake Park

(Meet at the town docks)

10:00 am to 10:45 am



Weather permitting.
Check our website/Facebook
for any possible cancellations
before heading out.



EarlyON
Child and Family Centre