



Songs & Strollers

For families with children under 15 months
(children need to be in a stroller or wagon for the walk)

Breathe in the fresh air, move your body, and connect with other parents/caregivers to support your mental health. Don't forget a blanket to enjoy a little circle time and learn a new song or two!

Thursday Mornings

Nayoro Park - Lindsay

10:30 am to 11:30 am



Raining? Drizzle we will still meet and go!
Check Facebook for any possible cancellations before heading out.

Early ON

Child and Family Centre