

Little Scientists

Touch

How Do You Feel?



The sense of touch is a network of nerve endings under our skin that enables us to feel sensations. The touch sensations we feel include, hard, soft, smooth, rough, hot, cold, pain, tickle, wet, dry and so many more.

Touchy Feely Bag



Have your child close their eyes or wear a blindfold to help heighten their sense of touch. Place a small object in a bag and ask your child to reach in and feel it. Ask them to describe what it feels like. Use words that will build on their touch vocabulary. “Is it hard or soft?” “Cold or hot?” “Smooth or bumpy?” Try using familiar object and unusual objects.

This Feels

Look around your home to find items that may match the textures noted on the handprint page. Have your child match up the items with the word description that corresponds. There may be more than one right answer. Rough and scratchy can be used to describe the same thing, like soft, furry and fluffy. We all sense touch in our own way.

