# Infant Massage & NEW! Baby Morning

For families with babies up to pre-crawling.

Come for the whole time, or whatever portion works for you.

# Omemee EarlyON **Tuesday mornings** May 7, 14, 21, 28

9:00 am to 12:00 pm



### 9:00 to 10:00 arrival & mingle

Chat & baby play with other families with little ones



# 10:00 to 11:00 infant massage

Learn massage strokes that may support your baby's development, sleep, colic, digestion, and more!



## 11:00 to 12:00 sensory & baby play

Gain ideas to play, sing, and other activities!



Laura Abbasi, dietician with HKPR Health Unit will be joining us on May 28 @ 10:00 am

Ask questions important to you or gain tips & ideas to support nutrition in your home.



705-324-7900

oeyc.ca

Please note no child care offered for older siblings.





