

The Benefits of Painting for Children



Painting can help children to communicate their feelings through the use of different colours and mediums.

Using a brush will strengthen children's muscles and fine motor skills as well as hand/eye co-ordination.

Decision making skills are developed when children have to decide what colours to use and where to put them.

Colour mixing is the simple science of cause and effect that children can discover while painting.

Painting together can be a fun, creative outlet for both parents and children.