# Fall 2019

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# Parent-Child & Parenting Programs

# Baby Massage

Relax and enjoy new ways to help your baby to sleep longer and deeper, reduce fussy times, colic, constipation, and congestion through massage.



Wednesdays starting
September 25th, October 2nd, 9th, 16th 2019
10:30 am to 11:30 am

**EarlyON Child and Family Centre** 

(Haliburton - JDH Elementary School)

#### Please register by contacting:



705-306-9099

haliburton.oeyc@gmail.com

Point in Time

705-457-5345

Certified Infant Massage Instructors through the International Association of Infant Massage (IAIM) offer this program to families in Haliburton County.

Or



## Meet the Dietician







Join the Health Unit's Registered Dietitian to discuss feeding your infant, toddler and preschooler. Learn about healthy snacks for the whole family.

Haliburton EarlyON
Wed. October 2<sup>nd</sup>
10:00 to noon

Minden EarlyON
Tues. Nov. 19<sup>th</sup>
10:00 to noon

For more information contact the Haliburton EarlyON centre 705-306-9099 or haliburton.oeyc@gmail.com



For more information contact the Minden EarlyON centre 705-306-9098 or oeycminden@gmail.com

## Meet the Occupational Therapist







Meet the OT from Five Counties Children's Centre for toilet training info sharing.

Also learn how occupational therapy can help with your child's development in the early years.

Thurs. Oct. 10<sup>th</sup>

10:30-11:30

Minden EarlyON centre Haliburton EarlyON centre

Fri. Oct. 11<sup>th</sup>

10:30-11:30

For more information contact the EarlyON centre

Minden at 705-306-9098 or email oeycminden@gmail.com ( Archie Stouffer school)

Haliburton at 705-306-9099 or haliburton.oeyc@gmail.com ( JD Hodgson school)



### Mother Goose Program



For parents and children, (Newborn to 18 months), learning rhymes, songs and stories together.

Join us for 10 weekly sessions and enjoy a friendly and relaxed morning of fun and learning!

Minden EarlyON Centre
(Archie Stouffer School)
Fridays Mornings
04 October - 06 December, 2019
10:30—11:30 am

To Register ......



Point in Time Centre for Children, Youth and Parents (705) 457-5345



Minden EarlyON Child and Family Centre (705)-306-9098



For families with children newborn – 6 years.

Come join us for fun, games, activities and songs from 10:00 a.m. to noon on these special days.



Minden EarlyON at Archie Stouffer School Haliburton EarlyON at J.D. Hodgson School

Sept. 14th, Oct. 19th, Nov. 9th & Dec. 14th

For more information contact:
Minden EarlyON centre 705-306-9098 or <a href="mailto:oeycminden@gmail.com">oeycminden@gmail.com</a>
Haliburton EarlyON centre 705-306-9099 or

haliburton.oeyc@gmail.com